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für Zivilisationserkrankungen

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# Bodyscanner-Feasibility und Formeln der Körperoberfläche

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AG Genetische Statistik

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# Bodyscanner

## Vitus Smart XXL

(Human Solutions, Kaiserslautern)

Messbereich: 2100 mm H, 1000 mm B, 1200 mm T

Scanzeit: ca. 10 sec

Messprinzip: optische Triangulation

8 Laser-Sensorköpfe (Klasse 1)

Punktedichte: 27 Punkte/cm<sup>2</sup>

Toleranz: < 1 mm

Flächenbedarf: ca. 5 m<sup>2</sup>

Gesamtgewicht: ca. 250 kg





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# Machbarkeit



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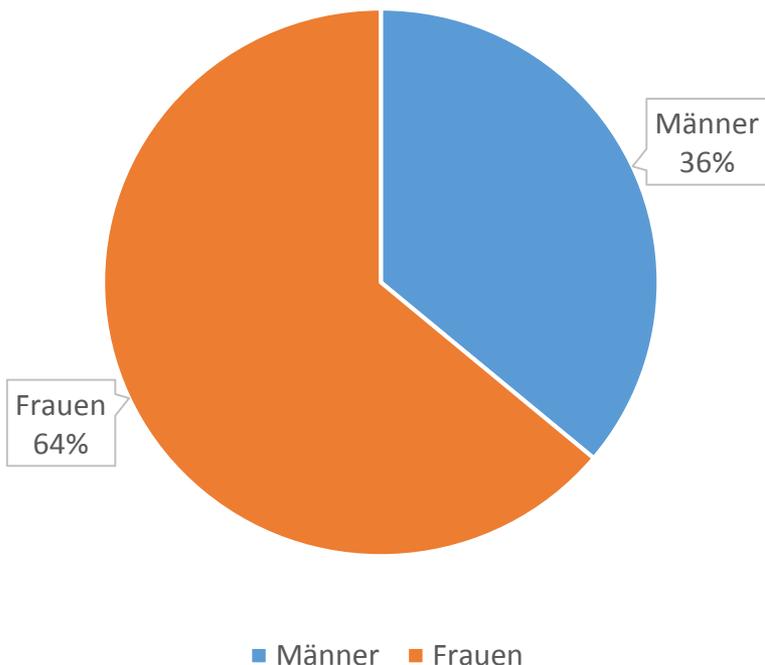
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# Machbarkeit: Zielsetzung

- benötigte **Zeit** und **Zufriedenheit** der Probanden
- **Intra-/Interrater-Reliabilität CA**
- **Intra-/Interrater-Reliabilität BS**
- Vergleich der Reliabilitäten zwischen CA und BS
- **Vergleich CA- und korrespondierende BS-Maße**
- **Effekt von Adipositas** auf Validität BS und Reliabilität von CA und BS

# Machbarkeit: Kollektiv

Geschlecht



## Body Mass Index

- **34,3% BMI  $\geq 30$  kg / m<sup>2</sup>**
- **65,7% BMI  $< 30$  kg / m<sup>2</sup>**

## Alter

- **31,5%  $< 60$  Jahre**
- **68,5%  $\geq 60$  Jahre**

**108** Probanden in Vorbereitung von LIFE-Adult (Convenience Sample)

# Machbarkeit: Material & Methoden

- **CA: 9 Maße vs. BS: 154 Maße**
- Äquivalente Maße über
  - Name und Scanbild
  - Auswahl unter mehreren Alternativen (*Waist girth, Hip girth*)
  - Derivat aus bestehenden Maßen (*Thigh length*)
- Maß der Übereinstimmung für  $J$  Untersucher:

## Overall Concordance Correlation Coefficient

$$\text{OCCC} = \frac{2 \sum_{j=1}^{J-1} \sum_{k=j+1}^J \text{Cov}(M_j, M_k)}{(J-1) \sum_{j=1}^J \text{Var}(M_j) + \sum_{j=1}^{J-1} \sum_{k=j+1}^J [\text{E}(M_j) - \text{E}(M_k)]^2}$$

# Machbarkeit: Ergebnisse (1/2)

## Zeit

- $\emptyset(\text{CA}) = 3,1 \pm 0,97$  Minuten
- $\emptyset(\text{BS}) = 4,1 \pm 1,43$  Minuten

## Reliabilität CA

- **Intra:** Median = **0,995** (IQR = 0,991 – 0,997)
- **Inter:** Median = **0,992** (IQR = 0,974 – 0,996)

## Zufriedenheit

- 😊(CA) = 86,5%
- 😊(BS) = 92,3%

## Reliabilität BS

- **Intra:** Median = **0,954** (IQR = 0,867 – 0,984)
- **Inter:** Median = **0,960** (IQR = 0,904 – 0,988)

# Machbarkeit: Ergebnisse (2/2)

Classical anthropometry	Body scanner	Uncorrected OCCC	Offset	OCCC	95%-CI of OCCC	
Body height	Body height	0.995	-0.61	0.997	0.996	0.998
Body weight	Body weight	1.000	-0.23	1.000	0.999	1.000
Upper arm length	Upper arm length	0.183	+5.73	0.769	0.680	0.835
Upper arm girth	Upper arm girth	0.720	+2.18	0.862	0.820	0.894
Waist girth	Waist girth	0.982	-1.51	0.987	0.981	0.991
	High waist girth	0.984	+1.09	0.986	0.980	0.991
	Waist band	0.924	-2.17	0.935	0.907	0.956
	3D waist band	0.924	-2.16	0.936	0.907	0.956
	Belly circumference	0.929	-4.39	0.973	0.961	0.981
	Maximum belly circumference	0.894	-5.66	0.963	0.944	0.975
Hip girth	Middle hip girth	0.910	-0.28	0.910	0.850	0.947
	High hip girth	0.832	+2.76	0.853	0.771	0.908
	Buttock girth	0.969	-2.14	0.986	0.979	0.990
	Hip girth	0.938	-3.19	0.976	0.964	0.984
	Hip/thigh girth	0.510	+7.22	0.659	0.557	0.742
Thigh length	TL1	0.311	+4.70	0.778	0.678	0.849
	TL2	0.156	+6.26	0.407	0.252	0.541
	TL3	0.031	+17.77	0.606	0.481	0.706
	TL4	0.035	+16.47	0.580	0.446	0.689
	TL5	0.079	-8.30	0.381	0.218	0.523
	TL6	0.542	-1.80	0.671	0.550	0.764
	TL7	0.528	-1.02	0.565	0.409	0.689
Thigh girth	Thigh girth	0.557	-6.30	0.928	0.894	0.951
Calf girth	Calf girth	0.984	-0.30	0.988	0.981	0.992

## CA vs. BS

- Reliabilitäten vergleichbar
- Validität: Offset-Korrektur

# SCIENTIFIC REPORTS

OPEN

## Reliability of 3D laser-based anthropometry and comparison with classical anthropometry

Received: 16 October 2015

Accepted: 05 May 2016

Published: 26 May 2016

Andreas Kuehnappel<sup>1,2</sup>, Peter Ahnert<sup>1,2</sup>, Markus Loeffler<sup>1,2</sup>, Anja Broda<sup>1,2</sup> & Markus Scholz<sup>1,2</sup>

Anthropometric quantities are widely used in epidemiologic research as possible confounders, risk factors, or outcomes. 3D laser-based body scans (BS) allow evaluation of dozens of quantities in short time with minimal physical contact between observers and probands. The aim of this study was to compare BS with classical manual anthropometric (CA) assessments with respect to feasibility, reliability, and validity. We performed a study on 108 individuals with multiple measurements of BS and CA to estimate intra- and inter-rater reliabilities for both. We suggested BS equivalents of CA measurements and determined validity of BS considering CA the gold standard. Throughout the study, the overall concordance correlation coefficient (OCCC) was chosen as indicator of agreement. BS was slightly more time consuming but better accepted than CA. For CA, OCCCs for intra- and inter-rater reliability were greater than 0.8 for all nine quantities studied. For BS, 9 of 154 quantities showed reliabilities below 0.7. BS proxies for CA measurements showed good agreement (minimum OCCC > 0.77) after offset correction. Thigh length showed higher reliability in BS while upper arm length showed higher reliability in CA. Except for these issues, reliabilities of CA measurements and their BS equivalents were comparable.

*Pediatr Res.* 2017 May;81(5):736-744. doi: 10.1038/pr.2016.274. Epub 2017 Jan 4.

## Validity and intraobserver reliability of three-dimensional scanning compared with conventional anthropometry for children and adolescents from a population-based cohort study.

Glock F<sup>1,2</sup>, Vogel M<sup>1</sup>, Naumann S<sup>1</sup>, Kuehnappel A<sup>1,3</sup>, Scholz M<sup>1,3</sup>, Hiemisch A<sup>1,2</sup>, Kirsten T<sup>1</sup>, Rieger K<sup>1,2</sup>, Koerner A<sup>1,2</sup>, Loeffler M<sup>1,3</sup>, Kiess W<sup>1,2</sup>.

### ⊕ Author information

#### Abstract

**BACKGROUND:** Conventional anthropometric measurements are time consuming and require well trained medical staff. To use three-dimensional whole body laser scanning in daily clinical work, validity, and reliability have to be confirmed.

**METHODS:** We compared a whole body laser scanner with conventional anthropometry in a group of 473 children and adolescents from the Leipzig Research Centre for Civilization Diseases (LIFE-Child). Concordance correlation coefficients (CCC) were calculated separately for sex, weight, and age to assess validity. Overall CCC (OCCC) was used to analyze intraobserver reliability.

**RESULTS:** Body height and the circumferences of waist, hip, upper arm, and calf had an "excellent" (CCC  $\geq 0.9$ ); neck and thigh circumference, a "good" (CCC  $\geq 0.7$ ); and head circumference, a "low" (CCC  $< 0.5$ ) degree of concordance over the complete study population. We observed dependencies of validity on sex, weight, and age. Intraobserver reliability of both techniques is "excellent" (OCCC  $\geq 0.9$ ).

**CONCLUSION:** Scanning is faster, requires less intensive staff training and provides more information. It can be used in an epidemiologic setting with children and adolescents but some measurements should be considered with caution due to reduced agreement with conventional anthropometry.

PMID: 28052064 DOI: [10.1038/pr.2016.274](https://doi.org/10.1038/pr.2016.274)



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# Oberfläche



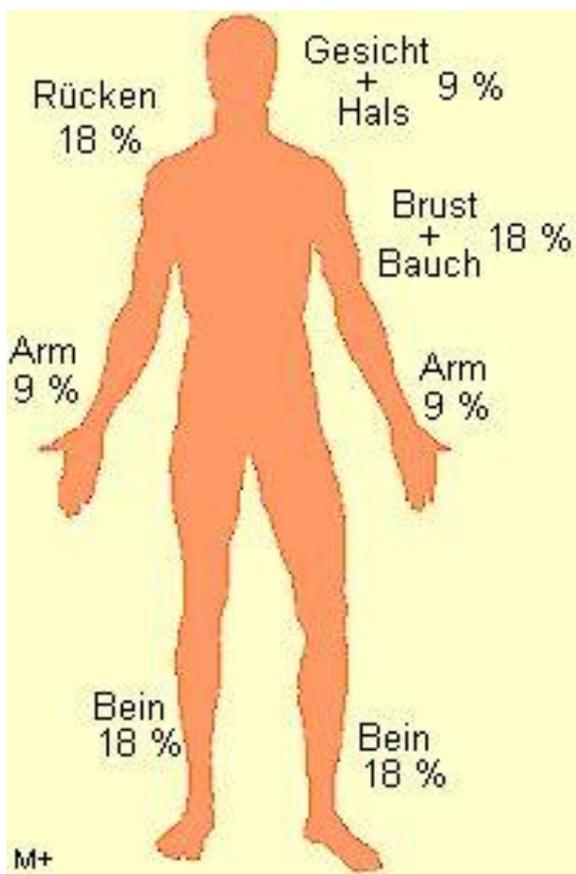
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# Oberfläche: Zielsetzung



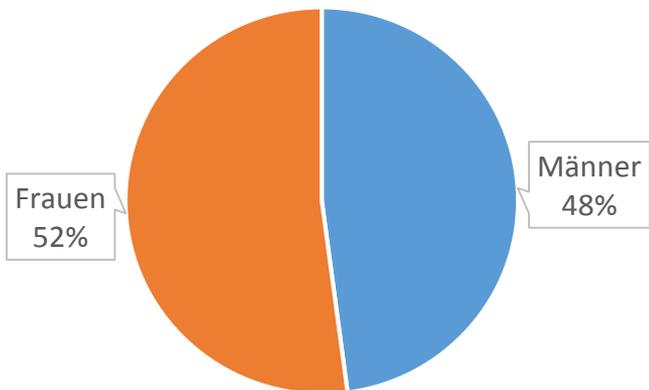
- **Intra-/Interrater-Reliabilität BS**
- **Bewertung** von bereits existierenden Oberflächenformeln
- **Reparametrisierung** von empirischen Oberflächenformeln

# Oberfläche: Kollektiv

**Reliabilität: 126** Probanden im Rahmen der Feasibility-Studie

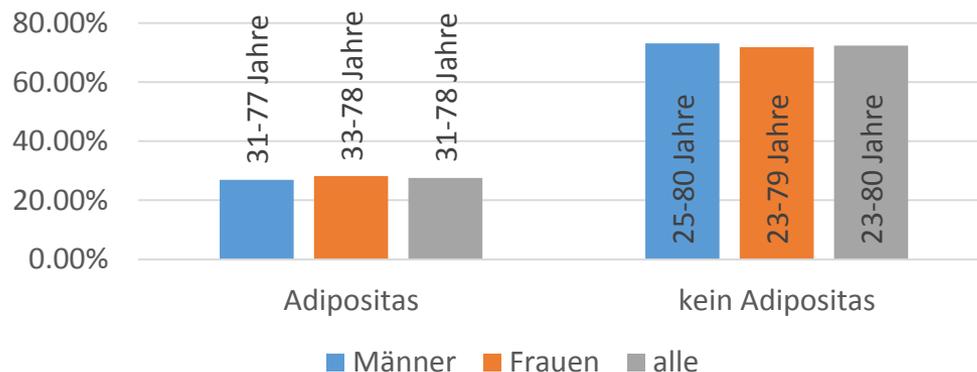
**Evaluierung & Reparametrisierung: 1.435** aus LIFE-Adult

Geschlecht



■ Männer ■ Frauen

Body Mass Index + Alter



# Oberfläche: Material & Methoden

- Reliabilitätsmaß: **OCCC**
- **18** empirische Oberflächenformeln aus der Literatur (**Körpergröße + Körpergewicht**)
- Reparametrisierung: Formelstruktur gemäß

$$\text{Surface} = \beta_0 \times \text{Height}^{\beta_1} \times \text{Weight}^{\beta_2}$$



- Lineare Regression
- Adjustierung auf Geschlecht und BMI

# Oberfläche: Ergebnisse (1/2)

**Table 3** OCCCs and confidence intervals for comparison of 3D body scanner and formulae

Formula	All			Normalweight			Overweight			Obesity		
	OCCC	Lower 95% CI	Upper 95% CI	OCCC	Lower 95% CI	Upper 95% CI	OCCC	Lower 95% CI	Upper 95% CI	OCCC	Lower 95% CI	Upper 95% CI
Anderson	0.901	0.894	0.908	0.944	0.935	0.952	0.861	0.847	0.874	0.796	0.772	0.817
Bardeen	0.409	0.391	0.426	0.361	0.330	0.391	0.298	0.277	0.319	0.286	0.258	0.314
Boyd	0.936	0.931	0.941	0.958	0.950	0.964	0.906	0.895	0.915	0.875	0.859	0.890
Brody	0.955	0.952	0.959	0.984	0.981	0.987	0.949	0.943	0.955	0.883	0.868	0.897
DuBois and DuBois	0.969	0.967	0.972	0.965	0.959	0.970	0.950	0.944	0.955	0.959	0.952	0.965
Fujimoto and Watanabe	0.988	0.987	0.990	0.983	0.980	0.986	0.986	0.984	0.988	0.980	0.976	0.984
Gelhan and George	0.900	0.893	0.907	0.942	0.932	0.950	0.859	0.845	0.872	0.796	0.772	0.818
Haycock et al.	0.896	0.889	0.903	0.953	0.945	0.960	0.861	0.847	0.874	0.775	0.750	0.798
Isaksson	0.954	0.949	0.958	0.936	0.922	0.948	0.937	0.929	0.944	0.928	0.918	0.937
Livingston and Lee	0.801	0.788	0.813	0.943	0.932	0.952	0.762	0.740	0.782	0.559	0.524	0.593
Mosteller	0.925	0.920	0.930	0.957	0.949	0.963	0.893	0.881	0.903	0.849	0.830	0.866
Reading and Freeman	0.931	0.926	0.936	0.962	0.955	0.967	0.902	0.891	0.911	0.858	0.840	0.874
Schlich et al.	0.946	0.941	0.950	0.937	0.927	0.946	0.933	0.925	0.941	0.911	0.895	0.925
Sendroy and Cecchini	0.981	0.979	0.982	0.980	0.976	0.983	0.975	0.972	0.977	0.968	0.963	0.972
Shuter and Aslani	0.985	0.983	0.986	0.987	0.984	0.989	0.977	0.973	0.980	0.974	0.969	0.978
Takahira	0.953	0.949	0.956	0.943	0.934	0.951	0.924	0.915	0.932	0.939	0.930	0.948
Tikuisis et al.	0.955	0.951	0.959	0.959	0.952	0.965	0.931	0.923	0.938	0.921	0.909	0.931
Wang and Hihara	0.907	0.901	0.913	0.938	0.929	0.947	0.866	0.852	0.878	0.821	0.799	0.840

Results of the entire data set and for all BMI scenarios

## Oberfläche: Ergebnisse (2/2)

Allgemeine (reparametrisierte) Formel

$$\text{Surface} = 0,0151 \times \text{Height}^{0,5751} \times \text{Weight}^{0,4259}$$

### Beispiele

Größe = 180 cm    Gewicht = 80 kg    Oberfläche = **1,93** m<sup>2</sup>

Größe = 170 cm    Gewicht = 65 kg    Oberfläche = **1,71** m<sup>2</sup>

Größe = 195 cm    Gewicht = 130 kg    Oberfläche = **2,49** m<sup>2</sup>

Eur J Appl Physiol (2017) 117:371–380  
DOI 10.1007/s00421-016-3525-5



ORIGINAL ARTICLE

## Body surface assessment with 3D laser-based anthropometry: reliability, validation, and improvement of empirical surface formulae

Andreas Kuehnappel<sup>1,2</sup>  · Peter Ahnert<sup>1,2</sup> · Markus Loeffler<sup>1,2</sup> · Markus Scholz<sup>1,2</sup>

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### Abstract

**Purpose** Body surface area is a physiological quantity relevant for many medical applications. In clinical practice, it is determined by empirical formulae. 3D laser-based anthropometry provides an easy and effective way to measure body surface area but is not ubiquitously available. We used data from laser-based anthropometry from a population-based study to assess validity of published and commonly used empirical formulae.

**Methods** We performed a large population-based study on adults collecting classical anthropometric measurements and 3D body surface assessments ( $N=1435$ ). We determined reliability of the 3D body surface assessment and validity of 18 different empirical formulae proposed in the literature. The performance of these formulae is studied in subsets of sex and BMI. Finally, improvements of parameter settings of formulae and adjustments for sex and BMI were considered.

**Results** 3D body surface measurements show excellent intra- and inter-rater reliability of 0.998 (overall concordance correlation coefficient, OCCC was used as measure of agreement). Empirical formulae of Fujimoto and

Watanabe, Shuter and Aslani and Sendroy and Cecchini performed best with excellent concordance with OCCC  $> 0.949$  even in subgroups of sex and BMI. Re-parametrization of formulae and adjustment for sex and BMI slightly improved results.

**Conclusion** In adults, 3D laser-based body surface assessment is a reliable alternative to estimation by empirical formulae. However, there are empirical formulae showing excellent results even in subgroups of sex and BMI with only little room for improvement.

**Keywords** 3D body scanner · Anthropometry · Body surface area · Reliability · Validity

### Abbreviations

BMI Body mass index  
LIFE Leipzig Research Center for Civilization Diseases  
OCCC Overall concordance correlation coefficient

### Introduction

Body surface area is a physiological quantity relevant for



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# Ausblick



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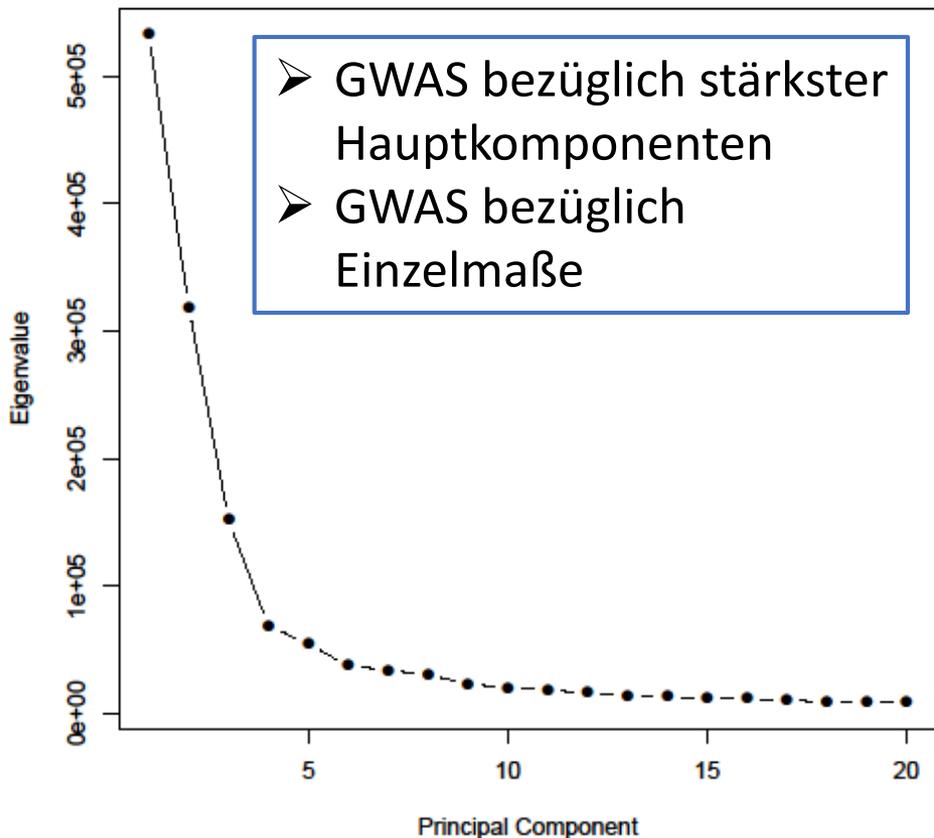
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# Genomweite Assoziationsstudie

10.149 Probanden aus LIFE-Adult



1. Hauptkomponente: 35%

*Total Torso Girth  
Weight*

*Arm Length to Neck Back Left*

2. Hauptkomponente: 21%

*Body Mass Index*

*Middle Hip*

*Distance Breast to Vertical*

3. Hauptkomponente: 10%

*Waistband to Buttock Height Left*

*Waistband to Buttock Height Right*

*3D Waistband Right to Crotch*

4. Hauptkomponente: 5%

*Distance Waist Back to Vertical*

*Distance Belly Height to Vertical*

*Distance Back in Maximum Belly Height to Vertical*



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